

OGI-E[®]
Presents

OKLAHOMA SENIOR GAMES



WATER WALKING

Sunday, September 13

Entry Deadline: August 30

Westwood Family Aquatic Center
1017 Fairway Drive
Norman, OK 73069



SCAN ME

Event Check In: 9:00 am
Warm Up: 9:30 am
Meet Starts: 10:00 am

FORMAT

Women's Singles, Men's Singles, Women's Team, Men's Team, Mixed Team (any mix)
EVENTS, 100

200 yd individual, 400 yd individual, 1000 yd individual, 800 yd relay team of 4
1 time around the river is 200 yd

Rules

1. All walking events will be timed finals
2. Walkers may choose to wear water shoes or not.

EXTRA SPECIAL

For \$5 each, your guests can also swim. They can use the meandering brook (Norman supplies the rafts) when it is not being used for the Water Walking competition, the splash pad, the slides and have an hour swim after the meet. **There is no charge for your guests coming to watch.**

STATE DIRECTOR

Josh Holman

Aquatics Supervisor/Special Events

405-432-3302

Josh.holman@normanok.gov



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Association



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www.okseniorgames.com

(405) 821-1500

info@okseniorgames